

**ARTICLE**

**THE EFFECT OF DESUGGESTOPEDIA TO THE ELEVENTH GRADE  
STUDENTS' SPEAKING ABILITY OF SMK PGRI 2 KEDIRI IN THE  
ACADEMIC YEAR 2018/2019**



**By:**

**ARSINTA WIJAYANTI NINGRUM**

**14.1.01.08.0053**

**Guided By :**

**1. Drs. Agung Wicaksono, M.Pd**

**2. Khoiriyah.,M.Pd**

**ENGLISH EDUCATION DEPARTMENT  
FACULTY OF TEACHER TRAINING AND EDUCATION  
UNIVERSITY OF NUSANTARA PGRI KEDIRI**

**2019**

**STATEMENT LETTER**  
**ARTICLE SKRIPSI 2018**




**The undersigned below:**

Name : Arsinta Wijayanti Ningrum  
NPM : 14.1.01.08.0053  
Phone Number : 0857-9064-5538  
Email : Arsintawijayanti17@gmail.com  
Title of Article : The Effect of Desuggestopedia to Eleventh Grade  
Students' Speaking Ability of SMK PGRI 2 Kediri in  
The Academic Year 2018/2019  
Fakulty – Major : FKIP – English Education  
University : University Nusantra PGRI Kediri  
Address of University : Jl. K.H. Achmad Dahlan No. 06 Kediri

Declare that:

- The article I write is my personal (with the team) and free plagiarism;
- The article has been researched and approved for publication by supervisor I and II.

This letter I made with the truth. If there is any inconsistency with this statement and if there is any error from another parties, I shall be responsible and in accordance with the applicable provisions.

Knowing		Kediri, January 28 <sup>th</sup> , 2019
Advisor I  Agung Wicaksono, M.Pd NIDN. 0711076802	Advisor II  Khoiriyah, M.Pd NIDN. 071901750	Writer,  Arsinta Wijayanti Ningrum NPM 14.1.01.08.0053

## THE EFFECT OF DESUGGESTOPEDIA TO THE ELEVENTH GRADE STUDENTS' SPEAKING ABILITY OF SMK PGRI 2 KEDIRI IN THE ACADEMIC YEAR 2018/2019

ARSINTA WIJAYANTI NINGRUM  
14.1.01.08.0053

English Education Departmen

Email : [Arsintawijayanti17@gmail.com](mailto:Arsintawijayanti17@gmail.com)

Drs. Agung Wicaksono, M.Pd.<sup>1</sup> and Mahendra Puji P.A., M.Pd.<sup>2</sup>

UNIVERSITY OF NUSANTARA PGRI KEDIRI

### ABSTRACT

This study was conducted to investigate the effect of Desuggestopedia to eleventh grade students' speaking ability of SMK PGRI 2 Kediri. Desuggestopedia was proposed in teaching speaking because this method can eliminate the barrier of the students' learning in the class such as difficulties in understanding grammatical pattern, vocabulary, incorrect pronunciation, nervousness, fear of making mistakes, lack of self confidence and shyness. This research used pre-experimental quantitative with one-group pre-test. The subject of this research was 26 students that all of them were females of eleventh grade students in accounting 4 at SMK PGRI 2 Kediri. The data was collected by three steps; pre-test, treatment and post-test. The result of this research, showed that t-score : 11,454 is higher than the t-table : 2,045 (1%) and 2,756 (5%). It means that there was significant effect of Desuggestopedia to students' speaking ability to Eleventh grade of accounting 4at SMK PGRI 2 Kediri in Academic Year of 2018/2019. The aspects of speaking which increased were pronunciation, fluency, vocabulary especially grammar and content. Based on the result of the research, it suggested for the teacher to be more control the time to handle all the preparation in using Desuggestopedia such as preparing the suitable song, fun games. It also suggested for the students that they should be more active to joining the learning process especially in speaking ability because it's very important for English communication. The next suggestion is for the other researchers. They can investigate the effect of Desuggestopedia on other skill of English and other level proficiency.

**Key words :** Desuggestopedia, Speaking ability

### I. BACKGROUND

“Speaking is defined as an interactive process of constructing meaning that involves producing, receiving and processing information. Its form and meaning are dependent on the context in which it occurs, the participants, and the purposes of speaking” Burns & Joyce in

Torky (2006). It means that when speaking, the speaker is not just speak freely without any meaning, but the speaker give the information which can be caught by the listener to get the command or respon. The respon can be mean as the information which can be received by the listener based on the

context what the speakers are said. By giving the respon or command from the listener, it means that the processing information will success. Harmer (2001) stated that “in order for communication to be successful we have to structure our discourse in such a way that it will be understood by our listeners or readers”. Therefore, speaking is one of skill which can be a tool or media for having a communication.

In curriculum 2013, especially in vocational school has the characteristic of the reinforcement in the learning process, one of them is to emphasize the skill of using the language as the media of communication, have a logical thinking and creative. It means that the students are formed to express their feeling, giving the information or idea spontaneously. It means that the students in the reality, the must practice more in having communication by using dialog or monolog.

In the process of learning in the class almost the students are difficult to speak up or express their feeling or idea. There are many reason such as lack vocabulary, fear in making a mistake when expressing the idea, feeling or information, nervous, lack of incorrect pronunciation, lack of understanding the grammatical patterns lack of self confidence and shyness. Juhana (2012) found the psychological

factors that hinder students from speaking in English class such as fear of making a mistake, shyness, anxiety, lack of confidence and lack of motivation.

As what the researcher found in SMK PGRI 2 Kediri, although some students join the one of eks-school is English Debate School, but almost the students still difficult to speak English till they prefer to enjoy other lesson than English. To overcome the problem, it needs the variaty of method which can be used by the teacher in teaching speaking in the classroom.

One of the variaty method that can be used by the teacher is using Desuggestopedia method. It is a one of the humanistic teaching like the others such as silent way, Total Physical Responses and CLL (Community Language Learning). Desuggestopedia is the method which has been developed by George Lozanov in 1970s. Freeman (2000) Desuggestopedia is the application of the study of suggestion to pendagogy which has the aim is to help the students eliminate the feeling that the students can not be successful in studying and to help them to overcome the barriers of the learning. There are some variaty activities in Desuggestopedia which can eliminate the barriers of the learning of the students in class such as using song for singing together which can help the students to

learn the grammatical pattern which become one of the difficulties in speaking. Then using game, it also can help the students to learn vocabulary and also the pronunciation. It also create comfortable condition, fun and enjoy in the class. And the other activity is role play which can help the students when practice the

## **II. METHOD**

In this research, the researcher is used quantitative. The data of the quantitative research is scoring by number and analyzed by statistic. In this research, the researcher decided to uses quantitative research design because the researcher wanted to know the result by the number to seek and measure the effect of Desuggestopedia to elventh grade students' speaking ability. The technique used in this research is experimental research. The researcher decided to use pre-experimental research which apply one-group pretest-posttest. The researcher took population in SMK PGRI 2 Kediri which was located on Jl. KH. Abdul Karim No. 05, Bandar Lor, Mojoroto, Kediri, Jawa Timur 64117. The researcher choosed one of skill programs which is accounting program. The researcher used XI Accounting 4, which has 26 students and all of them are female.

## **III. FINDING AND DISCUSION**

The first finding, the method of Suggestopedia which has been developed

conversation or dialog to decrease the hesitation happern. Based on the background above, the researcher was interested in applying the Effect of Desuggestopedia to the Eleventh Grade Students' Speaking Ability of SMK PGRI 2 Kediri in academic year 2018/2019.

by George Lozanove from Bulgarian becomes Desuggestopedia is the one of humansitic teaching which can make success in teaching learning process. Priyatmojo (20019) state that despite a lot of inconveniences, this method has elements that can be used successfully to teach speaking for young learners.

In the second findings, the method of Desuggestopedia the method of Desuggestopedia can improve the students' ability in speaking. It has proved by the research from Nopiyanti (2012) that showed the result of the research in using the method of Suggestopedia that the score in post –test (85.81) was higher than the score in pre-test (71.80) with the degree of freedom 10 and level significance at 5% was 1.81. It proved that teaching English Speaking Using Suggestopedia method was effective to improve students'ability in speaking.

In the third findings, the method of Suggestopedia give the effect to the students speaking ability is from Sulistiono (2011) that the result of post-

test score was 3.63 the improvement shows 1.7 while the score of pre-test was 1.93. It shows that the post-test score is higher than the pre-test score means that the method gives the effect to students speaking ability. Sulistiono (2011) also stated that in the result of the research, the students can absorb the material that given and practice English well without fear making mistakes. Besides, the method also gives the motivation and stimulates them to argue about something indirectly in the teaching learning process.

#### IV. CONCLUSION

This research, researcher found that Desuggestopedia method has an effect to students' speaking ability. First, the score of students' speaking after using Desuggestopedia is higher than the score before using Desuggestopedia method. Also the result of t-test is higher than t-table. It means there was significant effect on Desuggestopedia method to eleventh grade students' speaking ability in SMK PGRI 2 Kediri in academic year 2018/2019. The second, all of aspects in speaking were increased especially grammar and content. So, Desuggestopedia helps much to improve the grammar.

#### V. REFERENCES

- Ary, D., Jacobs, L.C. & Sorensen, C. 2010. *Introduction to Research in Education (8th ed)*. Canada: Wadsworth Cengage Learning
- Aziziah, Ismi.2016. An Analysis Of Students' Difficulties in Speaking English: A Case Study at Eleventh Grade Students of MA AL-MUSLIMUN NW Tegal Academic Year 2015/2016. University of Mataram.
- Brown, H. D. 2003. *Language Assessment Principles and Classroom Practices*. Cambridge: Longman.
- Brown, H. Douglas. 2000. *Teaching by Principles: An Interactive Approach to Language Pedagogy*. San Francisco: Prentice-Hall, Inc.
- Brown, Gillian, and George Yule. 1983, *Teaching the Spoken Language*, Cambridge University.
- Depdiknas. 2006. Permendiknas No. 23 Tahun 2006 tentang Standar Kompetensi Lulusan Jakarta: Depdiknas
- Dhamaryanti, putu A.P. 2016. Improving Speaking Skill Through Suggestopedia. University of Mahasaraswati Denpasar.
- Freeman, Diane Larsen.2000. *Techniques and Principles in Language Teaching*. UK: Oxford University

- Harmer, J. 2001. *The Practice of English Language Teaching*. Third Edition. UK: Cambridge.
- Juhana.2012. Psychological Factors That Hinder Students from Speaking in English Class (A Case Study in a Senior High School in South Tangerang, Banten, Indonesia). Indonesia Open University.
- Nopiyanti.2012. Teaching English Speaking Using Suggestopedia Method at the Fourth Grade Students of SD MUTIAA NUSANTARA PRONGPONG. STKIP University Siliwangi Bandung.
- Priyatmojo, Arif Suryo.2009. *Suggestopedia as a Method for Teaching Speaking for YoungLearners in a Second Language Classroom*. Semarang: Semarang State University. Thesis.
- Richard, Jack C,Rodgers, Theodore S.2001.*Approaches and Methods in Language Teaching Second Edition*. Cambridge University Press.
- Sulistiono, Tri Anggono. 2011. *The Effectiveness of Using Suggestopedia Method in Teaching Speaking An Action Research at Grage Tenth of SMA Negeri 1 Kayen Pati in the Academic Year 2010/2011* Final project. English Department. Faculty of Languages and Arts. Semarang State University.
- Tornburry, Scott.2005. *How To Teach Speaking*. England: Pearson Education
- Zusana, Meidian Putri.2014. *The Effect of the Application of Suggestopedia Teaching Method toward students' Speaking Ability of Grade Eleven at SMA ADIGUNA BANDARLAMPUNG*.Bandar Lampung University.